

## **MUSIC • CHANTING • MOVEMENT**

Live music!

For peace within ourselves, community and world Devotional chanting, singing, integrated meditation Honoring spiritual traditions from around the world Easy to follow movements to unify body, mind, spirit



**Four Ways to Participate** 

Sit and enjoy the activity Sit and chant or sing Sit, sing, do hand or arm movements Join in group singing and movement

The *Dances of Universal Peace* welcome you to join us for a spirit-filled time of Devotional Voice & Moving Meditation

Every Month on 2<sup>nd</sup> Sundays 3-5 PM

Ocean Unity Church 385 Alsea Hwy, Suite #3 in Waldport OR (Hwy 34/Hemlock St – across from Rays & Ace)



Donations requested, not required. Your presence is the greatest gift.

